

MURLI NOTICEBOARD 12/04/03

✍ **Spirituality and Men (SAM)** ✍

✍ **International Retreat** ✍

Gubbio, Italy

Friday 20 June to Wednesday 25 June 2003

Open to all BK brothers who are interested in the activities of SAM and would like to co-ordinate, run, or share their ideas and experience of doing programmes for the male members of the general public.

Spirituality and Men is a spiritual awareness programme open to all men.

For the past four years we have met on the first Sunday of every month at Global Co-operation House, London, during which time we have discussed, workshopped and reflected upon many topics. We have also organised two retreats and a national event entitled '*Men, Responsibility and Power ~ towards a new consciousness*'. Over 600 men have attended one or more of these events.

Aims for the retreat are to:

- * share our understanding of the effects on the soul of being in a male body, particularly at this time when the traditional roles of men are being challenged
- * develop a deeper understanding of what it means to become like Narayan i.e. the perfect man and how we can become this
- * explore and accept our so-called 'feminine' qualities, which are an intrinsic part of the soul
- * share and develop the experiences of the SAM programme and create the next stage as we seek to have a spiritual impact on all the men in the world.
- * create a supportive network of like-minded brothers to move things forward
- * have some fun!

Methods

The retreat will be experiential and interactive with lots of opportunities for personal sharings, silent reflection and meditation. There will be several talks and workshops led by a senior brother (to be confirmed) based on the murli and the practical example of the life of Brahma Baba.

If you are interested in attending this retreat, please let us know as soon as possible as we need to confirm our accommodation requirements.

BK John

On behalf of the UK Spirituality and Men Planning Group

Telephone: (44) 020 8904 0317

Email: sam@bkwsugch.demon.co.uk